## ASA National Championships (50m) Lifestyles Picton, Wellington Road, Wavertree, Liverpool 10<sup>th</sup> July – 13<sup>th</sup> July 2008

## Qualifying Times Long Course Times only – No conversions.

MENS		WOMENS	
50m Time	Event		50m Time
25.20	50m Free		27.95
55.03	100m Free		1.00.73
2.00.04	200m Free		2.10.69
4.14.89	400m Free		4.34.22
8.54.31	800m Free		9.22.10
16.49.32	1500m Free		17.59.57
31.66	50m Breast		35.09
1.08.75	100m Breast		1.15.52
2.28.99	200m Breast		2.42.62
27.08	50m Fly		30.00
59.20	100m Fly		1.05.31
2.11.65	200m	ı Fly	2.22.90
29.01	50m E	Back	32.15
1.01.78	100m Back		1.07.94
2.13.06	200m Back		2.24.54
2.15.09	200m I.M.		2.27.33
4.47.72	400m I.M.		5.09.74

Qualifying swims must have taken place at:
(a) the British Long Course Championships 2008, or
(b) ASA Licensed Long Course Meets (levels 1 & 2) held between

1st Oct 2007 and 1st June 2008, or

(c) ASA Regional BAGCAT Championship meets held in June 2008, or (d) SASA or WASA Equivalent competitions.