



ROCK UP IN RED

Friday 1 February 2013



Give heart disease the boot

On Friday 1 February we're all rocking up in red to fight the UK's biggest killer – heart and circulatory disease. Taking part is easy, just wear something red and give £2. From scarlet scarves to fiery fingernails, rock it head-to-toe or just a little – any way you like as long as it's red.

Together, we will save lives.

To take part, give your £2 to:

Sweet Table @ Milton Road

Want ideas and inspiration?
Go to bhf.org.uk/red