

# **Members Code of Conduct**

### Introduction

The Swindon Dolphin Members Code of Conduct combines and replaces the previous separate Parents and Swimmers Code of Conduct documents. The Members Code of Conduct has been created to establish a set of guidelines and rules, which will outline the responsibilities and behaviour of swimmers, coaches/teachers, parents/guardians/carers, and any volunteers who are members of Swindon Dolphin ASC. It is a condition of membership of Swindon Dolphin ASC that this Code of Conduct is adhered to.

Teachers/Coaches and Executive Committee Members should read this in conjunction with the Coaching Team's Code of Ethics/Conduct and the Executive Committee Code of Conduct.

#### **GENERAL**

- 1. All members shall maintain the highest standard of personal behaviour at all times.
- 2. All members and parents/guardians/carers should be respectful and courteous to coaches, teachers, Club Officials, volunteers and other members at all times.
- 3. Any form of bullying will not be tolerated.
- 4. All members and parents/guardians/carers should behave without discrimination to other individuals
- 5. Refrain from any behaviour that may bring the club into disrepute.
- 6. General Rules 2, 3, 4 & 5 above applies to both direct or in-direct (but not limited to), in person, use of Social Media like Twitter / Facebook, text, mobile phone, email etc.

## Parents, Guardians and Carers Conduct

All parents/guardians/carers are expected to:

- 1. Encourage your child to learn the rules and to participate within them.
- 2. Recognise the value and importance of poolside staff to your swimmer and the club, remembering that they are volunteers. Do not undermine them, they give their time and effort to provide a recreational activity for your child's benefit.
- 3. Do not interrupt the coach or attempt to communicate with a swimmer whilst a coaching session is in progress (unless specifically invited to do so by the Coach).
- 4. Encourage your child but do not coach. Advice needs to be given by the club's poolside staff. Conflicting advice will only lead to confusion and undermine confidence.
- 5. Do not physically or verbally abuse or harass anyone associated with the sport (Swimmer, Coach, Officials or Spectators.)
- 6. Discourage arguing with officials.
- 7. Help your child to recognise good sportsmanship and to applaud the good performances of all
- 8. Never force your child to take part in sport.
- 9. Be positive about the club and how it works. If you see a problem or have a concern please raise this with a member of the committee, who will ensure that the matter receives attention.



## Parents, Guardians and Carers Conduct cont...

- 10. Support your child's involvement and help them to enjoy their sport.
- 11. Never go on poolside to discuss matters with either coaches or swimmers (unless specifically invited to do so by the Coach).
- 12. Refrain from coaching your child from the balcony.
- 13. Parents/Carers will ensure that Coaches are made aware of any illness or injuries and medication.
- 14. Parents/Carers must not leave their child under the age of 14 years unattended during training/competition sessions. If this responsibility is shared with another adult (i.e. other parent / family member / friend / coach etc) the swimmer's coach must be notified in advance.
- 15. Parents/Carers will ensure that Coaches are informed if swimmers are unable to attend training or swim in a competition.

#### Swimmers Conduct

All swimmers are expected to:

- 1. Be on time and properly equipped for training sessions.
- 2. Train and compete to the best of their ability, completing all sets before stopping for break YEARS
- 3. Show respect to teachers, coaches, officials and other swimmers and competitors.
- 4. Be proud to represent the Club when selected to swim as part of a team.
- 5. Refrain from using abusive language and acting in an aggressive manner.
- 6. Act at all times in a safe and considerate manner.
- 7. Observe lane discipline, have all equipment ready and move carefully around the poolside.
- 8. Alcohol is strictly prohibited to all swimmers underage by UK law.
- 9. Smoking is prohibited by all swimmers prior to, during and after a competition or training session.
- 10. The use of drugs or substances other than for medical reasons is prohibited.
- 11. Details of any medication or health issues must be discussed with the Squad Coach.
- 12. Obey promptly instructions from Coaches and at galas obey instructions from any Officials on duty and the Team Manager.
- 13. Remain with the team at all times.
- 14. Support and encourage your team.
- 15. Accept defeat in your race with grace and show good sportsmanship.
- 16. Stay on pool side until the final result has been given and leave together as a team or as instructed by the Team Managers.
- 17. Swimmers should attend all training sessions as detailed by the Squad criteria.
- 18. Swimmers should be on poolside five minutes before the appropriate start time of each training session.
- 19. Team clothing should be worn as directed by the Club Coach or Team Manager.

Any breach of this Code of Conduct will be dealt with in accordance with the Swindon Dolphin Disciplinary Procedure SDP009 which can be read on the Swindon Dolphin website.