

Est 1952



...teaching and developing swimmers to their full potential

2019 Club Championships & Age Groups

Level 4 Licensed Meet
(No: 4SW192118)
At the Link Centre, Swindon

16th & 17th November 2019

This competition is open to all Swindon Dolphin Swimmers, including those in Learn to Swim, Swim Skills, Dolphin Academy and Masters.

Entries are to be completed on SCM only. Paper entries will not be accepted.
If you do not have an entry time for an event, then please speak to your coach who will be able to advise you of an estimated entry time.

Closing date for entries Thursday 31st October 2019.

Any questions, please contact your coach or Kay Foster
Email: competition@swindondolphin.co.uk

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Note: Warm up times may change subject to entries.

Programme of Events

Session 1 Saturday 16th November @ The Link Centre 12:30 Warm Up 13:15 Start

| | |
|--------------|--|
| Event 1 & 2 | 400m Freestyle |
| Event 3 | 25m Butterfly (LTS Dev & Green squad Only) |
| Event 4 & 5 | 50m Breaststroke |
| Event 6 & 7 | 100m Butterfly |
| Event 8 | 25m Freestyle (LTS Dev & Green squad Only) |
| Event 9 & 10 | 200m Backstroke |

Session 2 Saturday 16th November @ The Link Centre 16:00 Warm Up 16:45 Start

| | |
|---------------|---|
| Event 11 & 12 | 200 Individual Medley |
| Event 13 | 25m Breaststroke (LTS Dev & Green squad Only) |
| Event 14 & 15 | 100m Backstroke |
| Event 16 | 25m Backstroke (LTS Dev & Green squad Only) |
| Event 17 & 18 | 50m Freestyle |
| Event 19 | 100m Individual Medley (LTS Dev & Green squad Only) |
| Event 20 & 21 | 100m Individual Medley |

Session 3 Sunday 17th November @ The Link Centre 10:30 Warm Up 11:15 Start

| | |
|---------------|------------------------|
| Event 22 & 23 | 400m Individual Medley |
| Event 24 & 25 | 50m Butterfly |
| Event 26 & 27 | 100m Breaststroke |
| Event 28 & 29 | 200m Freestyle |

Session 4 Sunday 17th November @ The Link Centre 14:30 Warm Up 15:15 Start

| | |
|---------------|---------------------|
| Event 30 & 31 | Medley Skins Finals |
| Event 32 & 33 | 50m Backstroke |
| Event 34 & 35 | 200m Breaststroke |
| Event 36 & 37 | 100m Freestyle |
| Event 38 & 39 | 200 Butterfly |

Age Groups

Medals will be awarded at the club presentation night for the top three in each age group plus a trophy for the winner (where one has been donated).

25m Events – LTS Dev & Green squad Only 7/Un, 8, 9, 10, 11, 12/Over

100IM – LTS Dev & Green squad 7/Un, 8, 9, 10, 11, 12/Over

50m Events – 7/Un, 8, 9, 10, 11 12/13, 14/15, 16/17

50m Events Masters - 18-24, 25-34, 35-49, 50+ Years and Overall Champion

100m events – 11/Un, 12/13, 14/15, 16/18, 19/Over plus Overall Champion.

100 IM events – 11/Un, 12/13, 14/15, 16/18, 19/Over plus Junior and Overall Champion.

200m events – 10/Un, 11, 12, 13, 14/15, 16/18, 19/Over plus Junior and Overall Champion.

400m events 10, 11 12, 13, 14/15, 16/18, 19/Over plus Junior and Overall Champion.

Ages are at 17th Nov 2019
Junior Champion is 16 years and under



ENTRY FORM

| | | |
|---------------------------|-----------------------|--------------------------|
| Swimmer's Name: | Male / Female: | Your coach: |
| SE registration No | DOB: | Age at 17/11/2019 |
| Email: | Contact Tel. | |

Entries to be submitted by email to competition@swindondolphin.co.uk by Thursday 31st October 2019.

| Event | Entry Time |
|---|-------------------|
| 25m Freestyle (LTS Dev & Green only) | |
| 25m Backstroke (LTS Dev & Green only) | |
| 25m Breaststroke (LTS Dev & Green only) | |
| 25m Butterfly (LTS Dev & Green only) | |
| 100m Individual Medley (LTS Dev & Green only) | |

The entry fee is £2.50 for 25m Events, £4 for 50m, 100m, 200m & 400m Events

Total entry fee £

Paid date: ___/___/___

Sort Code 20-84-58

Account Number 50953237

Account Name – Swindon Dolphin, Reference Swimmers Surname & code CC

COMPETITION CONDITIONS

1. The competition will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing.
2. This event is 'with only one club competing' and is therefore not subject to upper or lower cut-off times.
3. Swimmers with classifications (S Categories) and those who require additional provisions to access the event are requested to notify the Meet Manager in advance of the meet. A secondary strobe light is not available.
4. All entrants must be members of Swindon Dolphin ASC. Swim England Registration number must be included on the entry form. All competitors must be registered at least Cat 1 with the Swim England.
4. If events are over-subscribed, the promoter reserves the right to return entries based on first come first served basis.
5. Late entries will only be accepted at the discretion of the Meet Manager and will be subject to availability of empty lanes in the slowest heats.
6. Start list for each event will be sent directly to the stewards in the marshalling area for distribution to the coaches.
7. Competitors must report to the marshal's two heats before their own and must remain in the marshalling area until called to compete. For the first event at the start of each session, competitors should report to the marshals at the end of the warm up.
8. Entries will be seeded into heats from submitted times and the slowest heats swum first. The fastest heat in each event will be spearheaded.
9. All events are heat declared winners and awards will be made to the top three places in each of the designated age groups.
10. Entries should all be submitted electronically on SCM. Emailed forms will only be accepted from LTS Dev & Green squad with the appropriate fee being paid electronically. No other form of entry will be accepted and no entries will be accepted after the advertised closing date of 31st October 2019.
11. The entry fee is £2.50 for 25m Events, £4.00 for 50m, 100m, 200m & 400m Events. The correct entry fee must have been paid by the closing date or they will be treated as incorrect, and may not be entered into the event.
12. Any swimmer withdrawing prior to the meet entry closing will receive a full refund. After meet closing and up to the day before the gala, refunds can only be provided on receipt of proof of injury through a doctor's certificate or similar
13. The promoter reserves the right to refuse or restrict entries as required to meet Swim England conditions of meet designation.
14. Only competitors and officials will be permitted on poolside. All coaches and chaperones must have relevant accreditation and be registered on the child protection database



Club Championship 16/17th November 2019



15. During warm up, swimmers must be supervised by their coach. A warm up Protocol will be issued and coaches are required to ensure that their swimmers adhere to the warm up procedure as outlined in the protocol or they may be requested to leave the pool.
16. All competitors are required to observe all safety announcements and conduct themselves in an appropriate manner at all times.
17. All participants must observe the safety precautions in operation at the Link Centre.
18. The Referee may need to alter or amend the conditions during the meet if unforeseen circumstances arise that are out of our control. Any situation not covered by the above conditions or the rules will be handled at the discretion of the promoter. The Referee's decision shall be final.
19. Swimmer entries will be managed electronically. By submitting entries, consent is thereby given, as required by the Data Protection Act 2018, to the holding of personal information electronically. Personal data will be available for inspection during the meet upon request and will be stored and destroyed in accordance with Swim England guidelines. The data you provide will be processed for the purposes of running the Meet, including seeding, programme (online and printed), results, management of officials and management of child protection poolside. You agree that we may publish your (or your club members) personal information as part of the programme and results of the Meet, and may pass such information to the governing body or any affiliated organisation.
20. Neither the promoter nor Swindon Dolphin ASC will be responsible for any loss or damage occurring during the meet.
21. The use of all photographic equipment is controlled at this meet. Anyone wishing to use a device capable of photography or video recording must take careful note of the information posters. The full SE Guidance on Photography can be found in Wavepower the SE Child Safeguarding Policy and Procedures available at www.swimming.org

PROMOTER AND MEET MANAGER: Kay Foster: Email: Competition@swindondolphin.co.uk

Medley Skins Conditions

The top 6 swimmers from the girls 200IM (Event 11) and top 6 swimmers from the boys 200IM (Event 12) will qualify for this event.

If you are not present at the advertised warm up time, your place in the Medley Skins, will be offered to the next reserve swimmer.

The referee will pick, at random, 1 stroke for the girls and then 1 stroke for the boys.

The girls will swim first, and the boys will swim 1min 30sec after.

The slowest swimmer (as determined by the referee) will be eliminated from the event and will choose the stroke for the next heat. The girls will pick the girls stroke and the boys will pick the boys stroke. This will be repeated at the end of each heat.

There will be 3 minutes between each heat from the start for the girls and 3 minutes between each heat from the start of the boys.

This process will continue until a winner for each event has been declared.

The first heat for both the girls and boys, will be started under a normal race start and rules, the next and following heats, will be given a 10 second warning (normally a bell or a whistle) and then just the start signal only.

The referee's decision will be final.

The results from the Medley Skins will **not** be included in the results submitted to British Swimming rankings.